

OneHEALTH

Keeping our farm family healthy

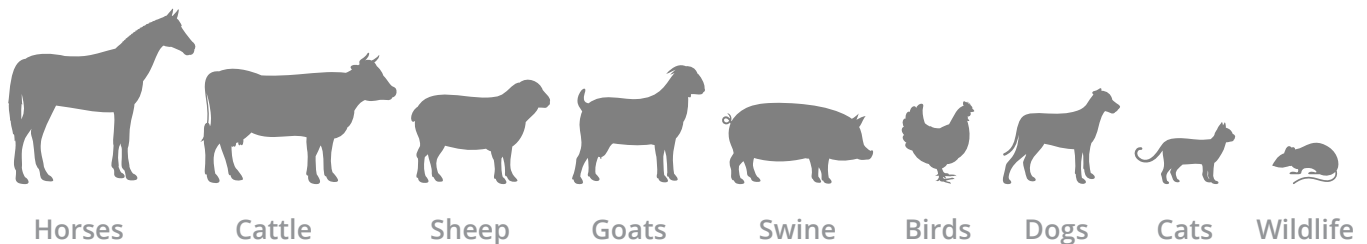
Supporting conversations with family physicians



Why is this information important to share?

Animals are all around us every day. If you live on a farm and spend time with animals, you might have a higher chance of getting sick from some diseases or infections they carry. As part of my health care team, I would like to talk to you about my health and the animals I am around.

These are the animals with which our family members have regular contact (circle):



Contact with these animals can be a risk factor for zoonotic diseases, such as:

| | Horses | Cattle | Sheep/ Goats | Swine | Birds/ Poultry | Dogs | Cats | Wildlife |
|---------------------|--------|--------|-----------------|-------|-------------------|------|------|----------|
| Canine brucellosis | | | | | | X | | |
| Campylobacteriosis | | | | | X | X | X | |
| Cryptosporidiosis | | X | | | | | | |
| Echinococcus | | | | | | X | | X |
| E. coli | X | X | X | X | X | X* | X* | |
| Influenza | | X | | X | X | X | X | X |
| Leptospirosis | X | X | X | X | | X | | X |
| Listeriosis | | X | X | | | | | |
| Bovine tuberculosis | | X | | | | | | |
| Orf virus | | | X | | | | | |
| Psittacosis | | | | | X | | | |
| Q fever | | X | X | | | | | |
| Ringworm | X | X | | | | X | X | |
| Salmonellosis | X | X | X | X | X | X* | X* | |

*Particularly if fed a raw meat-based diet. **Bold** indicates diseases in animals reportable to public health in Ontario.

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If you would like more information about these zoonotic diseases, you can contact our local public health unit, or my veterinarian would be happy to discuss them with you.

Veterinarian: _____ Phone Number: _____

Email: _____

Note: A patient/animal owner must provide consent before the discussion of specific case information between a physician and a veterinarian can occur.

Other Things to Consider

In addition to regular contact with animals, there are other aspects of our lifestyle that can affect our health that I would like to tell you about:

Our drinking water source

(For example: well water)

Eating certain products such as unprocessed or minimally processed foods

(For example: unpasteurized milk/dairy products, game meat, or other home-slaughtered meats)